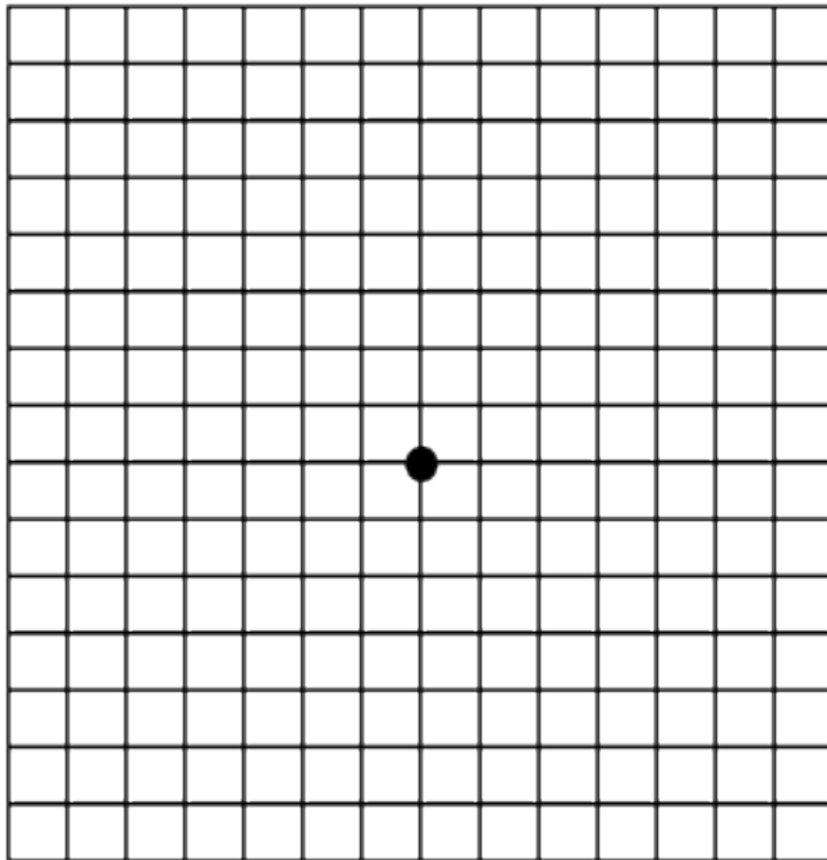


AMSLER GRID

- Wear your reading glasses, if you normally use them and sit about 14 inches away from the screen.
- Cover your left eye. With the right eye open, focus on the dark dot in the center of the grid.
- While looking at this dot, you still should be aware of the lines of the grid. Do this again for the left eye while your right eye is covered.



- If you notice any blurred, wavy or missing lines, contact your eye care professional as soon as possible.